

THIS WEEK AT  
*Northgate*

March 13<sup>th</sup>, 2022

SUNDAYS ONLINE

9:00 AM & 11:00 AM

- ❖ In Person Services Sundays 9 & 11 AM 2201 Lake Herman Rd, Benicia
- ❖ Connect into a Small Group – [More Info](#)
- ❖ Middle School – Tuesdays 6:30 pm  
& Sundays 11AM [More Info](#)
- ❖ High School – Wednesdays 6:30 pm [More Info](#)
- ❖ Kids Sunday Services – [Online Here](#) & at both In Person Services
- ❖ Kids DIG Family Night – March 19 4PM – 7PM
- ❖ NEXT Classes – Starting April 3
- ❖ Women's Bunco Night – March 25
- ❖ Men's Brunch – March 26
- ❖ Seniors' Breakfast – April 2
- ❖ Recovery Group – Every Monday 6:30PM





# G R O U P

## DISCUSSION GUIDE

M a r c h 1 3 , 2 0 2 2

### W A R M U P

Do you ever have trouble with “anger management”?

### R E A D

Matthew 5:21-26

Mark 3:1-5

1 John 4:20-21

Ephesians 4:1-6 & 25-31

Romans 12:14-21

### A S K

- Why did Jesus teach that “do not murder” is not the standard God desires for His people?
- Is anger over offenses against God or other people different from anger over offenses against yourself? Is there a “righteous anger” that is OK with God? Can you give examples?
- How can the notion of righteous anger be used as an excuse for sinful anger? Can you give examples?
- How did Jesus explain the impact that damaged relationships with people has on your relationship with God? How did John add to or clarify this explanation?
- What did Paul say about anger management? What specific ways have you used to help you forgive, love, and make peace? What makes it difficult?

### P R A Y