

## Sermon Notes:

### Soul Searching

Soul Keeping -part 2

February 12, 2017 - Pastor Ken Jensen

Luke 8:4-8, 11-15

**Intro:** "The most important thing about you is not the things that you achieve; it is the person you become." - Dallas Willard

**WHEN IT COMES TO THE HEALTH OF OUR SOULS,  
THE CHOICE IS LEFT TO US:**

#### 1. WE NEED TO **HONESTLY EXAMINE**

**THE CONDITION OF OUR SOULS.**

• A "Hardened" Soul: **Bitter, Cynical, Desensitized**

"As he was scattering the seed, some **fell along the path**; it was **trampled on**, and the birds ate it up... (They) **hear**, and then the devil comes and **takes away the word** from their hearts."

- Luke 8:5 (NIV)

• A "Shallow" Soul: **Superficial, Hurried, "Skimming"**

"Some fell on **rocky ground**, and when it came up, the plants withered because they **had no moisture**... (They) are the ones who **receive the word with joy** when they hear it, but they **have no root**."

- Luke 8:6,13 (NIV)

• A "Cluttered" Soul: **Distracted, Confused, Anxious**

"Other seed **fell among thorns**, which grew up with it and **choked the plants**... they are **choked by life's worries, riches and pleasures**, and they do not mature."

- Luke 8:7,14 (NIV)

#### 2. WE NEED TO **MAKE THE CHANGES**

**THAT WILL CULTIVATE OUR SOULS.**

"Still other seed fell on **good soil**. It came up and **yielded a crop**, a hundred times more than was sown... (They) **hear** the word, **retain** it, and **by persevering** produce a crop."  
- Luke 8:8 (NIV)

• A "Hardened" Soul needs **Openness & Trust**

"You desire truth **in the innermost being**. And in the hidden part You will make me know wisdom... Create in me **a clean heart**, O God, And renew a **steadfast spirit** within me."

- Psalm 51:6,10 (NASB)

• A "Shallow" Soul needs **Time & Intentionality**

"Praise the Lord, **O my soul**. And **all that is within me**, praise His holy name."

- Psalm 103:1 (NIV)

"My soul is downcast **within me**; therefore I will remember you... **Deep calls to deep** in the roar of your waterfalls"

- Psalm 42:6,7 (NIV)

• A "Cluttered" Soul needs **Clarity & Release**

"Why, my soul, are you **downcast**? Why so disturbed within me? **Put your hope in God**."

- Psalm 42:11 (NIV)

"Come to me, all you who are weary and burdened, and **I will give you rest**.  
... you will find **rest for your souls**."

- Matthew 11:28,29 (NIV)